

The Friday 4

4
FRESH
IDEAS
YOU
CAN
ENJOY
IN
4
MINUTES
OR LESS



1 Quick Recipe: "Summer-ey" Cupcakes that are Creamy, Delicious and a Little Lighter!

Perfect for a Treat or a Party:

Margarita Cupcakes

- 1 Cup All-Purpose Flour
- ½ Cup Whole Wheat Pastry Flour
- 2 Tsp Baking Powder
- 2 Tsp Lime Zest
- ½ Cup Nonfat Plain Greek Yogurt
- 1 Cup Sugar
- 3 Large Eggs
- ½ Cup Canola Oil
- *Margarita Frosting
- **Lime Garnish

Step One Preheat the oven to 350F. Line 2 (12 hole) cupcake tins with cupcake wrappers.

Step Two Whisk together the flours, baking powder, and zest.

Step Three In another large bowl, whisk together the yogurt, sugar,

and eggs. Add the flour mixture to the yogurt mixture, then add the oil and stir to incorporate.

Step Four Pour the batter into the prepared tins. Bake for about 15 minutes, until a toothpick inserted into the centers comes out clean. Cool the cakes for an hour before frosting.

- * Margarita Frosting
- 2 (8 oz) Pkgs Light Cream Cheese
- 2 TB Unsalted Butter
- 1 Tsp Vanilla Extract
- 2 Cups Powdered Sugar
- Zest of 1 Orange

In the bowl of a standing mixer, cream together the butter and cream cheese, then add the vanilla. Gradually add

the powdered sugar and stir in the orange zest.

****Lime Garnish**

Combine ¼ Cup Raw or Demerara Sugar with 1 TB Lime Zest. Sprinkle over the top of each cupcake. Finish with a sprinkle of Lime Zest or a slice of Lime.

2 Kitchen Smidgen

Always make sure to chill cream cheese frostings before using - you will be able to create some height on top of your cakes without having the frosting slide off!

3 Get Creative

Did you know the Margarita was named after the first person to taste it? Bartender Don Carlos Orozco was experimenting with new drink ideas when Margarita walked into the bar. She declared the drink delicious and a legendary cocktail was born!

4 WINE of the Week

Domaine Ste. Michelle Cuvee Brut
Columbia Valley, Washington

Cost Plus World Market about \$15.00

A citrus sweet treat like this one deserves a little sparkle. You'll enjoy toasting with this not-too-dry or not-too-sweet fizzy, that has a refreshing lemon-lime taste with a light toasty finish.